

# BAYTREE SPRING SUMMER 2020

## ALLERGY AWARE MENU

### PARENT GUIDANCE

#### \*\*\*IMPORTANT INFORMATION\*\*\*

**Please be aware some allergens are still present on the menu, these have been highlighted in RED. Where this allergen is unsuitable for your child they will be provided with an alternative dish.**

- Our team of chefs have worked hard to develop a reduced allergen menu, packed full of healthy and tasty dishes, which match the main school menu as closely as possible. We have used special diet ingredients and carefully tweaked the recipes only where necessary, so that children with special diets can safely enjoy eating together.
- Please be aware some allergens are still present on the menu, these have been highlighted in RED. Where this allergen is unsuitable for your child they will be provided with an alternative dish.
- The 'gluten free' rice crispies used in the chocolate and berry dessert crispy bars contain a small amount of barley malt extract so 'Barley' is displayed on our allergen reports, however the rice crispies used are 'gluten free' per the UK standard (gluten is less than 20 parts per million)
- The Butternut Squash and Tomato Bake, Autumn Vegetable Crumble, Vegetable Bake, Flapjack, Banana & Berry Crumble and Plum & Apple Crumble use 'gluten free' oats as an ingredient. Oats are therefore declared on our allergen reports but the oats are 'gluten free' per the UK standard (gluten is less than 20 parts per million)

# Baytree Spring Summer 2020 Allergy Aware Menu- PARENT COPY- Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	SD Chinese Veggie Rice	SD Chicken Burger	Roast Turkey with Roast Potatoes and SD Gravy	SD Beef Ragu Bolognese with GF pasta <b><u>PASTA CONTAINS SOYA</u></b>	SD Fish Fillet <b><u>CONTAINS FISH</u></b> and Chips
<b>Alternative Dish</b>	Jacket Potato with Baked Beans OR Jacket Potato with Cheese ( <b><u>CONTAINS MILK</u></b> )				
<b>Vegetables</b>	Broccoli and Cauliflower Medley Sweetcorn	Peas Carrots	Carrots Cabbage	Sweetcorn Mediterranean Vegetables	Baked Beans Peas
<b>Desserts</b>	Raspberry Frozen Smoothie	SD Berry Crispy <b><u>GF RICE CRISPIES</u></b> <b><u>CONTAIN BARLEY</u></b> <b><u>MALT EXTRACT</u></b> with Fruit Slices	SD Flapjack 93165520 <b><u>RECIPE USES GF OATS</u></b> with Fruit Slices	SD Chocolate Crispy Bar <b><u>GF RICE CRISPIES</u></b> <b><u>CONTAIN BARLEY</u></b> <b><u>MALT EXTRACT</u></b>	Orange & Mango Frozen Smoothie
Cool Water, Yoghurt ( <b><u>CONTAINS MILK</u></b> ) & Fresh Fruit available daily SD = Special Diet					

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# Baytree Spring Summer 2020 Allergy Aware Menu- PARENT COPY- Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	SD Vege Burrito	SD Beef Ragu Bolognaise with GF pasta <b><u>PASTA</u></b> <b><u>CONTAINS SOYA</u></b>	Roast Chicken with Roast Potatoes SD Gravy	Turkey Burger (no bun) with Mashed Potato and SD Gravy	SD Fish Fillet <b><u>CONTAINS FISH</u></b> and Chips
<b>Alternative Dish</b>	Jacket Potato with Baked Beans OR Jacket Potato with Cheese <b><u>CONTAINS MILK</u></b>				
<b>Vegetables</b>	Sweetcorn Carrots	Peas Broccoli	Carrots Cabbage	Sweetcorn Broccoli	Baked Beans Peas
<b>Desserts</b>	SD Berry Crispy <b><u>GF RICE CRISPIES</u></b> <b><u>CONTAIN BARLEY</u></b> <b><u>MALT EXTRACT</u></b>	SD Flapjack <b><u>RECIPE</u></b> <b><u>CONTAINS GF</u></b> <b><u>OATS</u></b> with Fruit Slices	Raspberry Frozen Smoothie	SD Chocolate Crispy Bar <b><u>GF RICE CRISPIES</u></b> <b><u>CONTAIN BARLEY MALT EXTRACT</u></b> with SD Custard	SD Berry Crispy <b><u>GF RICE CRISPIES</u></b> <b><u>CONTAIN BARLEY</u></b> <b><u>MALT EXTRACT</u></b> with Fruit Slices
Cool Water, Yoghurt ( <b><u>CONTAINS MILK</u></b> ) & Fresh Fruit available daily SD = Special Diet					

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# Baytree Spring Summer 2020 Allergy Aware Menu- PARENT COPY- Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	SD Cheese & Tomato Pizza <b><u>CONTAINS MILK</u></b> With Jacket Wedges	SD Chicken Burger	Roast Turkey with Roast Potatoes and SD Gravy	SD Beef Ragu Bolognaise with GF pasta <b><u>PASTA CONTAINS SOYA</u></b>	SD Fish Fillet <b><u>CONTAINS FISH</u></b> and Chips
Alternative Dish	Jacket Potato with Baked Beans OR Jacket Potato with Cheese ( <b><u>CONTAINS MILK</u></b> )				
Vegetables	Sweetcorn Broccoli	Peas Carrots	Carrots Cabbage	Sweetcorn Mediterranean Vegetables	Baked Beans Peas
Desserts	SD Berry Crispy <b><u>GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT</u></b>	Raspberry Frozen Smoothie	SD Flapjack <b><u>RECIPE USES GF OATS</u></b>	Banana Portion with SD Custard	SD Berry Crispy <b><u>GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT</u></b>
Cool Water, Yoghurt ( <b><u>CONTAINS MILK</u></b> ) & Fresh Fruit available daily SD = Special Diet					

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